



Lesson Plan (Prep – Year 2)

Students helping students

Duration: 30-40 minutes

Learning area: Civics and Citizenship / Personal & Social Capability

Victorian Curriculum – Content Descriptors

Civics and Citizenship (Level F–2)

- **VCCCC006** – Identify how people work together to care for special places and the environment
- **VCCCC007** – Explore the ways people make decisions in the community and how they can participate

Personal & Social Capability (Level F–2)

- **VCPCSE011** – Recognise and describe emotions and how they affect behaviour
- **VCPCSE012** – Identify ways to care for others, including ways of making and keeping friends

Learning Intention: We are learning to understand how we can help other students and why helping others is important.

Success Criteria: I can:

- Explain why it is important to help others
- Describe how someone might feel if they don't have what they need
- Describe how helping someone can make them feel
- Share one way I can help another student at school

Resources:

- Sam's Story (printed or slide)
- Paper and drawing materials

1. Introduction - Read Aloud (10 minutes)

Teacher shares:

State Schools' Relief is an organisation that helps students by giving them things like school uniforms, shoes and other supplies. Students have been helping other students through this organisation for a long time. When they raise money, it helps more students get what they need to feel confident and ready for school.

Teacher reads "Sam's Story" aloud.

While reading, pause to ask:

- "How do you think Sam is feeling here?"
- "What clues tells us that?"

Key focus moments:

- When Sam struggles - identify emotions
- When help is given - notice change
- At the ending - highlight outcome

2. Class Discussion (5–10 minutes)

Discussion questions:

- How did Sam feel before getting help?
- How did Sam feel after receiving help?
- Why do you think having the right things for school is important?
- Why is it important to help other students?
- What are some ways we can be kind and help others at school?

Encourage emotional vocabulary in their responses. Teacher to write key vocabulary from the discussion on the board (this will support the independent task).

- **Before:** sad, worried, scared, left out, uncomfortable
- **After:** happy, confident, included, comfortable, belonging

3. Independent Task (15 minutes)

Option A: Drawing Task

“Draw a way you can help another student at school”

Students might show:

- Helping a friend
- Sharing something
- Fundraising ideas
- Being kind at school

Option B: Writing Task

Choose from the below sentence prompts:

- Before getting help, Sam felt _____
- After getting help, Sam felt _____
- I can help other students by _____
- When I help others, it makes them feel _____
- Helping others is important because _____

Differentiation

Support:

- Visual emotion cards
- Word bank on board (happy, sad, included, confident, belonging, left out)
- Sentence starters on board

Extension:

- Write a short retell of Sam’s story
- Create a poster “Ways to Help Others”
- Suggest a class action plan

4. Reflection and closing (5 minutes)

Invite some students to share their work.

Revisit the success criteria by asking:

- Can we explain how Sam felt?
- Can we name ways to help others?

Optional Extension

Option A: Mini Fundraising Brainstorm

Teacher to explain what the word fundraising means.

Fundraising is when people work together to collect money to help others. It is a team effort where everyone gives a little bit of a money, and when we put it all together, it becomes a big amount that can make a big difference.

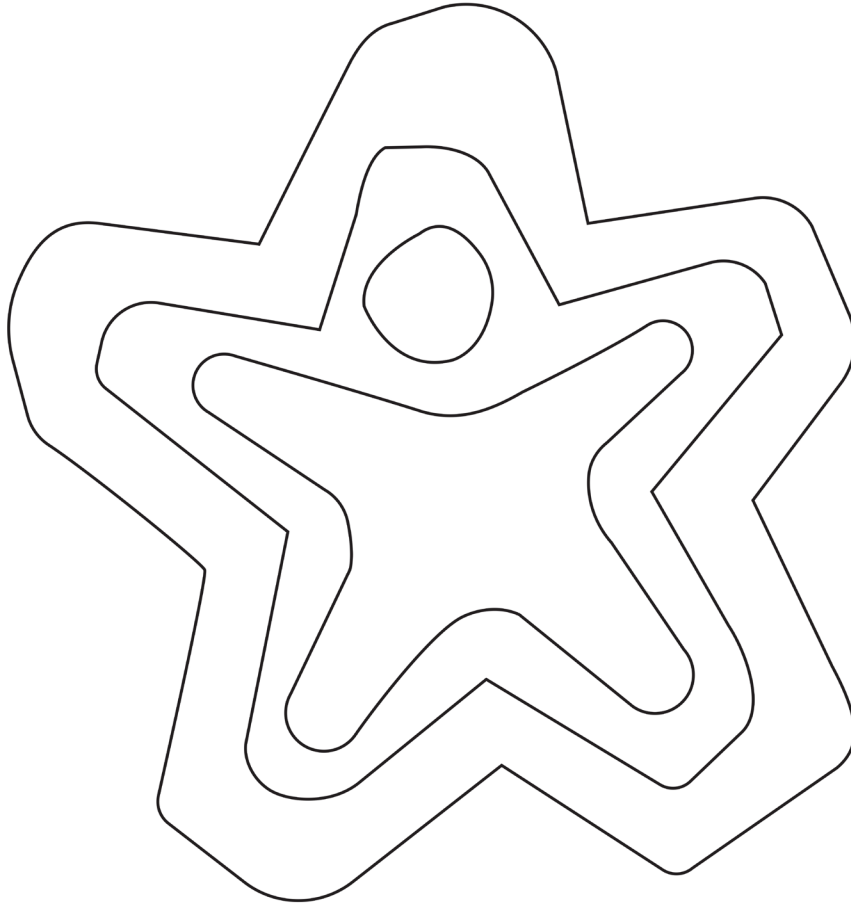
Teacher to share some examples of fundraising in their local school context (e.g. Footy Colours Day fundraiser to raise money for a new school oval).

Ask “What could our class do to help raise money for students like Sam?” \

Ideas might include:

- AFL Grand Final Day – wear your favourite footy colours and make a donation.
- Free Dress Day – come dressed in your own clothes, and make a gold coin donation.
- Pyjama Day - Roll out of bed and come straight to school in your PJs! Get comfy, join the fun, and help raise money for a great cause with a gold coin donation.
- Crazy Hair Day - Twist it, spike it, colour it, spray it - show us your most creative hairstyle! And help us raise money for a good cause with a gold coin donation.
- School Disco - It's time to light up the dance floor! Join us for a fun filled school disco filled with music, dancing and great vibes! Make a gold coin donation.
- Colour Run - Get ready to run, laugh and be covered in colour! Join the fun and make a splash for a great cause with a gold coin donation.

Option B: Colouring Activity



State Schools Relief